

Research and articles on:

HMB

[HMB supplementation in training horses](#)

[The effects of supplemental HMB on training and racing thoroughbreds Peggy Miller Liv Sandberg John Fuller](#)

[Effects of HMB and Gamma Oryzanol on blood biochemical markers on exercising thoroughbred race horses](#)

[HMB free acid reduces markers of exercise induced muscle damage and improves recovery in resistance trained men](#)